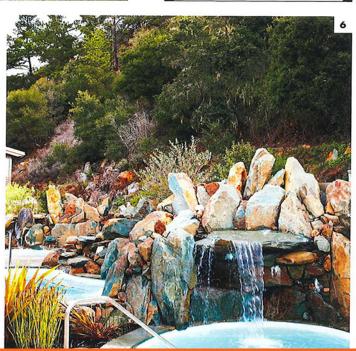




1. Garland Ranch Regional Park. 2. Local legend Cowboy Pete Azevedo and his tractor-pulled Wine Wagon. 3. Olive oil tasting at Holman Ranch. 4. Hilltop views from Carmel Valley Ranch. 5. A yeehaw pairing: ponies and wood-fired pies at Cowgirl Winery. 6. Plunge pools at Refuge.



CARMEL VALLEY

This ranch town has just as much charm as its namesake neighbor—and even better weather.

Drink on the wagon

From number crunching to grape crushing: What was once a Carmel Valley accountant's office is now a mini plaza serving some of the region's best vino. Look for the brightly acidic Chardonnay at Joyce Vineyards and jammy Merlot at Parsonage. The estate-grown Pinot Noir at Holman Ranch is as rich as its cold-pressed olive oil. Cowgirl Winery is your place if you want to pet ponies and eat wood-fired pizza. All of these tasting rooms are within strolling distance of one another, but it's hard to resist a ride in Cowboy Pete Azevedo's tractorpulled Wine Wagon, which he usually parks outside the plaza. It's technically free, but the 75-year-old grandpa appreciates tips. Joyce, Parsonage, Holman: Tasting fees vary; 19 E. Carmel Valley Rd.; joycevineyards.com; parsonagewine.com; holmanranch. com. Cowgirl: \$13 tasting; 25 Pilot Rd.; cowgirlwinery.com.

A hike and a soak

Carmel Valley's retirees like to walk their yellow Labs along the Lupine Loop in Garland Ranch Regional Park, but two-legged trekkers should climb to the meadow at the top of the Waterfall Trail. If you need more incentive than sweeping valley views, consider Refuge: Its European-style day spa is Disneyland for adults, with hot and cold pools, cedar saunas, and Adirondack-encircled firepits. Garland: 700 W. Carmel Valley Rd.; mprpd.org. Refuge: \$44 day pass; 27300 Rancho San Carlos Rd.; refuge.com.

Metropolitan meals

Lokal is as close to city-chic as Carmel Valley gets. Chef Brendan Jones lures in the town's growing under-60 set with a 28-foot bar made of salvaged redwood, microbrews on tap, and juicy skirt-steak sandwiches and duckfat fries for lunch. Breakfast here is raveworthy too—especially the poached eggs with seasonal veggies. \$\$; 13762 Center St.; (831) 659-5886.

A whole new ball game

For those who tire of tasting, Carmel Valley has found a playful complement: bocce. Courts are popping up everywhere, including outside Talbott Vineyards' in-town tasting room. Along with the velvety Diamond T Pinot Noir, you'll find two wellmanicured courts. More fun awaits (for guests and members) at Quail Lodge & Golf Club, home to a serious mini-golf course, which you can follow with cocktails on the pondside deck. Talbott: \$10 tasting; 25 Pilot Rd.; talbottvineyards.com. Quail Lodge: From \$195; quaillodge.com.

Summer camp for all

Some hotels are explicitly for adults; others cater to kids (but bore their parents). Carmel Valley Ranch manages to make all ages happy. Instead of creaky cabins and mess-hall fare, it has luxe suites with soaring ceilings and a sommelier-led supper series. The 500-acre spread bustles with tree swings, tennis lessons, Pilates, outdoor yoga, beekeeping classes, and a Hen House with fresh eggs from a dozen chickens. There's also the requisite swimming/spa/golf trio. From \$450; carmelvalleyranch. com. -Rachel Levin



GETTING HERE
Carmel Valley is 16 miles
southeast of Monterey. Take State 1
to Carmel Valley Rd.

