

## Carmel Valley, California: Paradise Found at Carmel Valley Ranch



Entrance to Paradise, photo by Paul Dyer

Carmel is one of the most sought after destinations for visitors to San Francisco and locals alike. Few discover Carmel Valley, a short distance inland, where cool ocean breezes give way to sunshine, rolling hills and warmer weather. **Carmel Valley Ranch** is the ideal destination for those who are in need of a sanctuary for relaxation, pampering and adventure.



Instant Welcome at The Lodge, photo by Thomas Hart Shelby

Once through the Main Gate, the road leisurely winds through the property past the Golf Course, organic gardens and vineyards, up hill past gnarled oak trees to the Lodge. This is the heart of the resort, designed in a rustic elegant style where guests are encouraged to slow down and relax. Upon entering the Lodge you are likely to be greeted by the resort's bulldog mascot, Roxie. The restaurant, pool, cabanas, spa and gift shop are located here. Abundant windows provide outdoor views throughout, blurring the lines between indoor and outdoor space. No matter where you are indoors, outdoor views surround you.



The Pool Beckons, photo by Paul Dyer

Explore the 500-acre property located in the sunny foothills of the Santa Lucia Mountains. Hiking trails are scattered throughout the property. Enjoy your own hike or join a group. Experience the **18-hole golf course** designed by Peter Dye or hit a bucket of balls at the driving range. Improve your tennis game with a private lesson from a professional instructor. Enjoy the two outdoor pools, one just for adults. The infinity hot tub located at the lodge has views of the

valley below. There is also a fitness center and a spa depending on your mood and Bocce Ball courts are also available.



View From Pool Deck, photo by Paul Dyer

And if you are more interested in communing with nature, participate in one of the Garden Tours, a visit to the organic gardens that provide produce and lavender used throughout the property. Or join the Bee Experience, a visit to the apiary where the resort's honey is produced.



Where Relaxation Begins, at the Spa, photo by Thomas Hart Shelby

If the **Spa** is calling your name, choose from a myriad of treatments sure to provide the relaxation you seek. They have 11 treatment rooms in a soothing setting. Take advantage of the specialized treatments that incorporate fresh lavender grown on site. Massages include Herbal Hot Rocks, Sweet Lavender Poulstice, Arnica Optima Performance to rid the body of aches, or the 7 Centers Massage incorporating a blend of 7 essential oils attuned to the seven vital energy centers in the body. Why stop with just a massage when you can also choose from among body therapies? Get buffed, polished and wrapped into bliss. To ensure you can have all the pampering that you desire, book your appointment in advance.



Beautiful Views from the Bedroom Suite, photo by Paul Dyer

The resort is nestled into the hills among the oak trees, seamlessly blending into the surroundings. Stay in one of the **Suites** and you may never want to leave. Sit on the deck overlooking the valley while sipping a glass of wine. Sink into the comfortable sofa while reading a book or enjoy the fireplace. All of the rooms are designed for comfort as well as luxury. Beds have luxury linens, comfortable pillows and provide just the right amount of support. The bathtub is perfect for a candle-lit bubble bath. If you decide to enjoy the privacy of your room you can select from the room service menu and in-room spa services.



Dining Room, photo by Thomas Hart Shelby

The **Dining Room** features California cuisine incorporating local fruits, vegetables, and fish from Monterey County. Chef Tim Wood creates menus that incorporate fresh ingredients with innovative techniques. You can dine indoors, on the pool patio or at the bar.

This resort is serious about play. Swings are suspended from giant oak trees throughout the property. Board games are available in the Lodge from the concierge. And Smores are a favorite activity at the fire-pits during the evening.

Whatever your reason for choosing to stay at Carmel Valley Ranch you can have it all, at least while you are a guest here.



A Perfect Afternoon, photo by Paul Dyer

## Details:

Carmel Valley Ranch is located at One Old Ranch Road, Carmel, California 93923 | Phone: 1-831-625-9500 | Toll Free Reservations: 1-855-687-7262

Visit their website for more information.

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